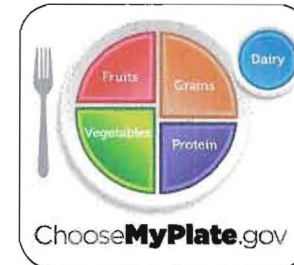


Menus are subject to change  
 Food Director  
 Brian Schwartzbauer  
 412-486-2606 ext.305




# St. Bonaventure September 2011



PLEASE CHOOSE AT LEAST  
 3 OF THE 5 ITEMS FOR THE  
 SCHOOL LUNCH PRICE!  
 Meat/Meat Alternate,  
 Bread/Grain,  
 Choice of two Fruits and/or  
 Vegetables,  
 and Choice of Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Labor Day No School</b>  	<u>Chicken Tenders</u> Or <u>Hot Dog on a Bun</u>  <i>Applesauce</i> <i>French Fries or Fresh Vegetables</i> <i>Cookie</i> Choice of Milk	<u>Italian Dunkers w/ Marinara</u> Or <u>Chicken Patty on a Bun</u>  <i>Fresh Oranges</i> <i>Fresh Salad Bar</i> <i>Brownie</i> Choice of Milk	<u>Pancakes &amp; Sausage</u> Or <u>Hot Dog on a Bun</u>  <i>Mixed Fruit</i> <i>Carrots a&amp; Celery Sticks</i> <i>Jell-O</i> Choice of Milk	<u>Cheese Pizza</u> Or <u>Chicken Patty on a Bun</u>  <i>Apple Slices</i> <i>Fresh Salad Bar</i> <i>Pudding</i> Choice of Milk
<u>Pasta &amp; Meatballs served w/ Breadstick</u> Or <u>Chicken Patty on a Bun</u>  <i>Peaches</i> <i>Fresh Salad Bar</i> <i>Cookie</i> Choice of Milk	<u>General Tso's Chicken w/ Rice</u> Or <u>Hot Dog on a Bun</u>  <i>Mixed Fruit</i> <i>Carrot and Celery Sticks</i> <i>Pudding</i> Choice of Milk	<u>Chicken Parmesean w/ Breadstick</u> Or <u>Chicken Patty on a Bun</u>  <i>Fresh Oranges and Apples</i> <i>Fresh Salad Bar</i> <i>Cookie</i> Choice of Milk	<u>Cheeseburger on a Bun</u> Or <u>Hot Dog on a Bun</u>  <i>Peaches</i> <i>Golden Corn or French Fries</i> <i>Brownie</i> Choice of Milk	<u>Pepperoni Pizza</u> Or <u>Chicken Patty on a Bun</u>  <i>Mixed Fruit</i> <i>Fresh Salad Bar</i> <i>Jell-O</i> Choice of Milk
<u>Tacos w/ Toppings</u> Or <u>Chicken Patty on a Bun</u>  <i>Pineapple Slices</i> <i>Fresh Salad Bar</i> <i>Cookie</i> Choice Of Milk	<u>Cheese Sticks w/ Marinara</u> Or <u>Hot Dog on a Bun</u>  <i>Orange &amp; Apple Slices</i> <i>Hot Mixed Veggies</i> <i>Pudding</i> Choice of Milk	<u>Chicken Tenders</u> Or <u>Chicken Patty on a Bun</u>  <i>Pear Slices</i> <i>Fresh Salad or French Fries</i> <i>Cookie</i> Choice of Milk	<u>French Toast &amp; Sausage</u> Or <u>Hot Dog on a Bun</u>  <i>Apple Slices</i> <i>Carrots &amp; Celery Sticks</i> <i>Jell-O</i> Choice of Milk	<u>Cheese Pizza</u> Or <u>Chicken Patty on a Bun</u>  <i>Pear Slices</i> <i>Fresh Salad</i> <i>Cake</i> Choice of Milk
<u>Nachos Grande</u> Or <u>Chicken Patty on a Bun</u>  <i>Peaches</i> <i>Carrots &amp; Celery Sticks</i> <i>Cookie</i> Choice of Milk	<u>Italian Dunkers</u> Or <u>Hot Dog on a Bun</u>  <i>Fresh Oranges</i> <i>Fresh Salad</i> <i>Pudding</i> Choice of Milk	<u>Mashed Potato &amp; Chicken Bowl w/ a Roll</u> Or <u>Chicken Patty on a Bun</u>  <i>Applesauce</i> <i>Golden Corn</i> <i>Brownie</i> Choice of Milk	<u>Cheeseburger on a Bun</u> Or <u>Hot Dog on a Bun</u>  <i>French Fries or Fresh Vegetables</i> <i>Apple Slices</i> <i>Cookie</i> Choice of Milk	<u>Pepperoni Pizza</u> Or <u>Chicken Patty on a Bun</u>  <i>Mixed Fruit</i> <i>Fresh Salad Bar</i> <i>Jell-O</i> Choice of Milk

**Daily Alternative  
Entrees**  
 Choice of Fruit, Vegetable &  
 Milk Selection:  
 Chicken Nuggets  
  
**Nutritious Friendly  
Snacks Offered Daily**  
  
 Small Water \$.50

**Milk Choices include:**  
  
 Fat Free White  
 Or  
 Fat Free Chocolate

**Daily Fresh Fruits/Vegetables**  
 Choices may include:  
 (Local choices available in season)  
 Oranges, Apples  
 Bananas, Grapes,  
 Cinnamon Applesauce,  
 Peaches, Pineapples  
 Mixed Fruit Cups,  
 Baby Carrots, Spring Salad,  
 Cucumbers,  
 Celery Sticks, Hot Mixed Veg-  
 gles, Golden Corn

We are proud to offer: **More**  
**Whole Grains**  
 Brown Rice  
 Barilla Plus Multi-Grain Pasta  
 Whole Wheat Rolls  
 Whole Wheat Wraps