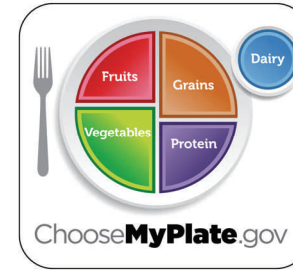


Menus are subject to change  
 Food Service Director  
 Brian Schwartzbauer  
 412-486-2606 ext.305

**New this Month**  
 Yogurt Parfait Cups  
 (5-8 Al a Carte)  
 (A delicious blend of yogurt  
 strawberries and/or blueberries)



# St. Bonaventure October 2011



PLEASE CHOOSE AT LEAST  
 3 OF THE 5 ITEMS FOR THE  
 SCHOOL LUNCH PRICE!  
 Meat/Meat Alternate,  
 Bread/Grain,  
 Choice of two Fruits and/or  
 Vegetables,  
 and Choice of Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <u>Tacos w/ Toppings</u> Or <u>Chicken Patty on a Bun</u>  Peaches Fresh Salad Bar Cookie Choice of Milk	4 <u>Chicken Tenders w/ a roll</u> Or <u>Cheeseburger on a Bun</u>  Applesauce Fresh Vegetables or French Fries Pudding Choice of Milk	5 <u>Italian Dunkers w/ Marinara</u> Or <u>Chicken Patty on a Bun</u>  Fresh Oranges Fresh Salad Bar Cake Choice of Milk	6 ***NEW ITEM*** <u>Grilled Chicken Salad</u> Or <u>Cheeseburger on a Bun</u>  Mixed Fruit Carrots a& Celery Sticks Cookie Choice of Milk	7 <u>Cheese Pizza</u> Or <u>Chicken Patty on a Bun</u>  Apple Slices Fresh Salad Bar Jell-O Choice of Milk
10 <u>Cheese Sticks w/ Marinara</u> Or <u>Chicken Patty on a Bun</u>  Peaches Fresh Salad Bar Cookie Choice of Milk	11 <u>General Tso's Chicken w/Rice</u> <u>(K-4) Sauce on side</u> Or <u>Cheeseburger on a Bun</u>  Mixed Fruit Carrot and Celery Sticks Pudding Choice of Milk	12 <u>Chicken Parmesan w/</u> <u>Breadstick</u> Or <u>Chicken Patty on a Bun</u>  Fresh Oranges and Apples Fresh Salad Bar Brownie Choice of Milk	13 <u>Chicken Tenders w/ a roll</u> Or <u>Cheeseburger on a Bun</u>  Peaches Fresh Vegetables or French Fries Cookie Choice of Milk	14 <u>Pepperoni Pizza</u> Or <u>Chicken Patty on a Bun</u>  Mixed Fruit Fresh Salad Bar Jell-O Choice of Milk
17 <u>Tacos w/ Toppings</u> Or <u>Chicken Patty on a Bun</u>  Pineapple Slices Fresh Salad Bar Cookie Choice Of Milk	18 <u>Italian Dunkers w/ Marinara</u> Or <u>Cheeseburger on a Bun</u>  Orange & Apple Slices Golden Corn Pudding Choice of Milk	19 <u>Chicken Tenders w/ a roll</u> Or <u>Chicken Patty on a Bun</u>  Pear Slices Fresh Salad or French Fries Cake Choice of Milk	20 <u>French Toast &amp; Sausage</u> Or <u>Cheeseburger on a Bun</u>  Apple Slices Carrots & Celery Sticks Cookie Choice of Milk	21 <u>Cheese Pizza</u> Or <u>Chicken Patty on a Bun</u>  Pear Slices Fresh Salad Bar Jell-O Choice of Milk
24 <u>Nachos Grande</u> Or <u>Chicken Patty on a Bun</u>  Peaches Fresh Salad Bar Cookie Choice of Milk	25 <u>Chicken Tenders w/ a roll</u> Or <u>Cheeseburger on a Bun</u>  Fresh Oranges Fresh Vegetables Pudding Choice of Milk	26 <u>Mashed Potato &amp; Chicken Bowl</u> <u>w/ a Roll</u> Or <u>Chicken Patty on a Bun</u>  Applesauce Golden Corn Brownie Choice of Milk	27 <u>Pepperoni Pizza</u> Or <u>Cheeseburger on a Bun</u>  Fresh Vegetables Apple Slices Cookie Choice of Milk	28 NO SCHOOL  Clerical Day

**Daily Alternative Entrees**  
 Choice of Fruit, Vegetable & Milk Selection:  
 Chicken Nuggets  
 Hot Dog  
**Nutritious Friendly Snacks Offered Daily**  
 Small Water \$.50

**Milk Choices include:**  
 Fat Free White  
 Or  
 Fat Free Chocolate

**Daily Fresh Fruits/Vegetables**  
**Choices may include:**  
 (Local choices available in season)  
 Oranges, Apples  
 Bananas, Grapes,  
 Cinnamon Applesauce,  
 Peaches, Pineapples  
 Mixed Fruit Cups,  
 Baby Carrots, Spring Salad,  
 Cucumbers,  
 Celery Sticks, Hot Mixed Veg-  
 gies, Golden Corn

We are proud to offer: **More**  
**Whole Grains**  
 Brown Rice  
 Barilla Plus Multi-Grain Pasta  
 Whole Wheat Rolls  
 Whole Wheat Wraps